

# NEWSLETTER

CONGREGATION TIFERETHISRAEL  
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## From the Rabbi's Study...

For many people, winter is a time of total gloom. Some even experience a condition known as SAD, or "Seasonally Affective Disorder," where winter's increased darkness brings on a deep feeling of depression. Others panic at the thought of having to drive on snow, where the inability to stop normally can result in an accident. And, finally, others, the movie title notwithstanding, call it straight out, terming the colder weeks "the dead of winter."

Despite all that, I like winter. Not that I like darkness. Nor that I like driving in bad weather. Nor even that I do outdoor winter sports. But rather, when winter comes, instead of looking backwards, I start to look ahead. No matter how cold it gets or how much snow falls, I know that in a few short months I'll be back again tending herbs and flowers in the planters on my deck. And that keeps me going.

In the Talmud there is a saying that we are to ascend in holiness rather than descend in it. That's why we count days up to Shabbat during the week rather than down (The days of the week in Hebrew are first day, second day, third day, etc., up to Shabbat, the only day in Hebrew with a name).

That saying, precisely at this time of year, connects me to something positive. Each Friday, with winter having started, as I look upon my computer calendar to find out when to light Shabbat candles, now candlelighting time becomes later and later. And I am reminded each week that I'm experiencing more light each day rather than less. And in not too long a time the plants laying under the snow will spring up from the earth again, and the birds, away South now escaping New England's cold, will come back singing their spring serenade once again.

So stay warm now. And know that though winter might sometimes be a little difficult, spring with its light and warmth really isn't so far away.

—Howard A. Kosovske

## From the President...

I hope you and your loved ones had a healthy and happy Chanukah. Again this year our Chanukah party was enjoyed by all thanks to the efforts of Betty and Jay Polonsky and all the people who contributed desserts, etc. and helped clean up. These are the ones that make CTI what it is today. Our forefathers would be proud. The Yankee Swap was also a lot of "fun". (everyone knows how I "love it") But at least we all enjoyed it. A lot of thought and effort goes in to running these affairs and we need all the help we can get. We have one small request to make; please be sure to make your reservations for all our events by the deadline It is very difficult to determine how much food, etc. to buy.

I'm sure everyone has noticed the beautiful quilts, tapestries and art work adorning the walls of our social hall. Thanks to Millie Becker and Charlotte Savage for allowing us to put them on display. Remember, we are "one happy family" at CTI. If you have any suggestions to make or if anyone needs a ride to services or meetings please let me know.

Please continue to bring in nonperishable that are not outdated food and your full tzedakah boxes. Hope to see you all at the services.  
Shalom, *Elliot Hershoff*

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Thank you to the following members and friends who have made donations to CTI in memory of their loved ones whose Meldathos were observed during recent Shabbat services:

<u>Donated by</u>	<u>In Memory Of</u>
Millie & Jerry Becker	Emili Pernitchi
Sally & Don Bengar	Sarah Bengar
Kathy & Barry Blair	Max Blair
Rose & Lionel Harsfield	Leo Gibely
Doris & Elliot Hershoff	Mark Kasarjian
Sylvia Loman	Melvin I. Loman
Betty & Jay Polonsky	Ralph Polonsky, Joseph Polonsky
Joanne & Jerry Pressman	Emili Pernitchi, Sumner Pressman
Patricia, & Harry Stewart	Max Blair
Lil & Jack Yonis	Emili Pernitchi

## THANKYOU

To Phyllis Potash for sponsoring our November Oneg Shabbat and Nancy and Bob Duerr for sponsoring our December Oneg Shabbat.

## GET WELL WISHES

To Fran Barth, Sally Bengar, Jerry Becker, Samantha Cohen, Libby Gans, Nathan Gans, Sue Kunian, David Morse, Jessica Sosnowski, and Lil Yonis.

## FRIDAY EVENING SERVICE DATES

January 27	February 24
March 30	April 27
May 25	June 22
July 20	August 24

All services begin at 7:30 P. M. and include the reading of the Yahrzeit memorial names for that Hebrew month. An Oneg Shabbat follows each service. Please make every effort to attend.

## Yahrzeit - MELDATHOS

JANUARY	SHEVAT	FEBRUARY	ADARI
<b>Services Friday, Jan. 27 7:30 PM</b>		<b>Services Friday, Feb. 24 7:30 PM</b>	
25 Lloyd Silverman	1	24 Donna Behar	1
25 Rose Hasday	1	24 Jack Molay	1
25 Nelson Gediman	1	25 Merrill Barber	2
26 Merrill Barber	2	25 Nathan Cohen	2
26 Joseph Havian	2	27 Reva Pomerantz	4
26 Ruth Parkin-Goodman	2	28 Harold Jagher	5
27 Alice Stein	3	<b>MARCH</b>	
27 Joseph Pernitchi	3	2 Edythe Sands	8
28 Samuel Stein	4	4 Matilda Barber	10
<b>FEBRUARY</b>		4 Shirley Shapiro	10
1 Victoria Eskenas	8	4 Sara Yonis	10
1 Edythe Sands	8	5 Evelyn Menovich	11
4 Joshua Eskenazi	11	6 Theodore Linsky	12
4 Tillie Polonsky	11	7 Sophie Pernitchi	13
6 Sophie Pernitchi	13	9 Sadie Solkoff	15
8 Millicent Lutt	15	10 Dwayne Emack	16
10 Albert Gibeley	17	12 Alice Gibeley	18
10 Sadie Behar	17	12 Regina Louriero	18
11 Albert Burtman	18	13 Florence Silverman	19
12 Solomon Levy	19	15 Simon Levin	21
15 Joseph Fermon	22	17 Sarah Gibely	23
17 Trudy Shear	24	17 Asa Polonsky	23
18 Charlotte Harsfield	25	19 Sumner Pomerantz	25
18 Jack Gibely	25	21 Izzy Havian	27
20 Albert Silverman	27		

## BIRTHDAYS

### January

1	Joel Havian
1	Marcia Molay
2	Gary Simon
2	Fran Molay
3	Jerry Pressman
4	Erin Arsenault
4	Stephanie Fain
4	Jonathan Jagher
4	Ralph Yonis
8	Harvey Goldberg
9	Elizabeth Thibault
12	Gary Arsenault
13	Steven Linsky
15	Terri Barron Simon
16	Rebecca Havian
17	Estelle Carpenter
17	Christine Jagher
17	Sandra Jagher
20	Adam Grossman
23	Rebecca Sands
24	Barbara Fermon
24	Stephanie Linsky
25	Seth Molay

### January

27	Sally Bengar
27	Howard Olsher
28	Edward Garber
29	Howard Kosovske
30	Maya Arsenault
31	Doris Hershoff

### February

1	Ian Freedman
2	Sarah Gibely
5	Danica Jane Guidice
6	Craig Podradchik
7	Janet Kramer
7	Mark Linsky
8	Jay Polonsky
10	Ross Grifkin
10	Jonathan Stewart
11	Tiffany Polonsky
18	David Podradchik
19	Gerald Becker
19	Michael Becker
24	Jayden Polonsky
27	Joanne Pressman
27	Cecile Rowen

## ANNIVERSARIES

### JANUARY

1	Mr. & Mrs. Stanley Simon
6	Mr. & Mrs. Nathan Gans
19	Mr. & Mrs. Jack Yonis

### FEBRUARY

4	Mr. & Mrs. Jerry Pressman
21	Mr. & Mrs. Lionel Harsfield